## INSTRUCTIONS

1. PRINT OUT ONTO CARD OR PAPER

2. CAREFULLY CUT OUT THE PIECES

3. GET CREATIVE AND ADD SOME COLOUR!!

4. STICK THE SIDE PIECES TO THE FRONT USING GLUE OR TAPE

5. MEASURE THE CROWN AROUND YOUR HEAD

6. CUT OFF THE EXCESS LEAVING ROOM TO OVERLAP THE ENDS

7. STICK THE ENDS TOGETHER

8. SHARE YOURS ON SOCIAL MEDIA #VEGPOWER









